

BISHOP ROSECRANS HIGH SCHOOL: Senior Self-Appraisal

The information you provide will assist both your School Counselor and Teachers/Coaches in writing your letter of recommendation. It will also help you gather ideas and information you will need for completing college applications.

Please **return** this completed questionnaire to **Mrs. LaPlante** or **the School Counselor** in-person.

Name: _____ Your Email: _____

Cell Phone #: _____ Citizenship Status: _____

Names, ages of brothers and sisters: _____

Colleges attended by older brothers/sisters: _____

Did your parents attend college? _____ If so, list colleges attended by your parents: _____

Parents' Occupations: _____

Is a language other than English spoken in your home? If so, which one(s):

Please list the places (*cities, towns, states, countries*) you and your family have lived and when: _____

Please answer the following questions as thoroughly as possible. Answers may be word processed on separate pages if you prefer.

1. What are your future goals and dreams?

2. Describe the academic accomplishment you are most proud of, and tell why you take pride in it.

3. Which service hours, extracurricular, or community activities have meant the most to you and why?

4. Select 3 values from the list below that are most important to you. Give examples of why.

Achievement	Forgiveness	Integrity	Loyalty	Service
Career	Freedom	Intelligence	Physical	Trustworthiness
Creativity	Happiness	Justice	Popularity	Truth
Education	Health	Knowledge	Recognition	Wealth
Family life	Honesty	Love	Religion	Wisdom

_____ Example: _____

_____ Example: _____

_____ Example: _____

5. Think about your “life experiences” that set you apart from others. (*such as your family background, work, travel, summer programs, hobbies, talents, completed projects, experiences living somewhere else in the U.S. and/or abroad.*) Write down a specific experience that stands out.

6. If there any circumstances that have interfered with your academic performance, please explain. *Consider after school jobs, home responsibilities, home difficulties, excessive school activities, illness, emotional stress, parental influences, English not spoken at home, or other factors unique to your background.*

7. Do you believe your transcript is an accurate reflection of your ability? Why or why not? What factors have influenced your school performance, either negatively or positively?

I understand that the information provided will assist designated BRHS Staff (*i.e. School Counselor, Teachers, and Coaches*) in writing my letter of recommendation. This letter will be sent directly to each college by the application deadline unless otherwise specified by the college. I understand that it is my responsibility to be aware of each college’s requirements and deadlines.

Student’s signature _____ Date _____